

PONDICHERRY UNIVERSITY CENTRE FOR WOMEN'S STUDIES

(School of Social Sciences and International Studies)

In collaboration with Ginga Saroba

(A Capoeira group in South India)

Workshop on

Capoeira

(500-year-old Brazilian martial art)

On 4th December 2019 (2.30 pm – 5.00 pm)

The Centre for Women's Studies in collaboration with Ginga Saroba (A Capoeira group in South India) is organizing a Workshop on "Capoeira" (500-year-old Brazilian martial art) on 4th December 2019. The art of Capoeira is meant to free individuals and empower them. Mixing martial-arts, dance, music, tradition, theatre, philosophy and much more, it connects body and soul, nourishing them in a societal environment in which each individual learns to face oneself, grow, rise and progress as well as create possibilities for others. More than just a martial art, Capoeira is a tool for personal development, a game that can be played by each participant in accordance with his/her own abilities without any judgment from others. It has been given a special protected status by UNESCO, the UN's cultural arm. Capoeira being practiced in India is a new phenomenon, which started just over 10 years ago. Interested PG students from all disciplines, faculty and non-teaching staffs (irrespective of gender) can register for participation in the workshop.

Maximum Intake: 21 participants (first-cum-first served basis)

Venue: Cultural Hall, 1st Floor, Social Science & Humanities Block, Silver Jubilee Campus

Registration: Please register (name and department) to the mail id: <u>pu.cfws@gmail.com</u> on or before 1st of December 2019.

For further details contact Dr. C. Aruna, Head (i/c), Centre for Women's Studies, Pondicherry University.

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